



SUMMER CAMPS 2024



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JULY 2 - 5

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Senior Activity #1 (9-12 yrs)
- Senior Activity #2 (10-13 yrs)
- CIT Program Wk 1 (15+ yrs)

SPORT CAMPS

- Multi Sport #1 (7-10 yrs)
- Discover Dance (8-14 yrs)
- Multi Sport #2 (10-14 yrs)

JULY 8 - 12

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- le Camp Français (7-10 yrs)
- Senior Activity #1 (9-12 yrs)
- Senior Activity #2 (10-13 yrs)
- Rock Climbing (10-13 yrs)
- CIT Program Wk 2 (15+ yrs)

SPORT CAMPS

- Flag Football (7-10 yrs)
- Aquatic Fitness - Half Day (10-14 yrs)
- Basketball (10-14 yrs)

JULY 15 - 19

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Swim 2 Survive (7-10 yrs)
- Stop Motion Animation (9-12 yrs)
- Movie Making (9-12 yrs)
- Gryphon Sport Extravaganza (11-13 yrs)
- CIT Program - Wk 3 (15+ yrs)

SPORT CAMPS

- Track & Field (9-14 yrs)
- Soccer (10-13 yrs)
- Triathlon - Half Day (11-16 yrs)

JULY 22-26

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Senior Activity #1 (9-12 yrs)
- Home Alone/Swim 2 Survive+ (9-12 yrs)
- Arboretum (10-13 yrs)
- Gryphon Sport Extravaganza (11-13 yrs)
- CIT - Volunteer Opt. 1 - Wk 1 (15+ yrs)

SPORT CAMPS

- Soccer (7-9 yrs)
- Volleyball (9-12 yrs)
- Youth Fitness (10-14 yrs)
- She's Got Game (12-16 yrs)

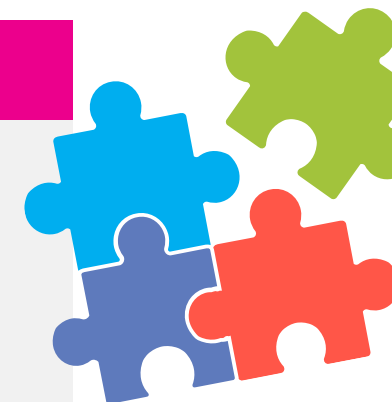
JULY 29 - AUG 2

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Swim 2 Survive (7-10 yrs)
- Senior Activity #1 (9-12 yrs)
- Rock Climbing (10-13 yrs)
- GROWTH (11-13 yrs)
- BEAT (11-13 yrs)
- CIT - Volunteer Opt. 1 - Wk 2 (15+ yrs)

SPORT CAMPS

- Track & Field (9-14 yrs)
- Flag Football (10-14 yrs)
- Soccer (10-13 yrs)



AUG 6 - 9

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Swim 2 Survive (7-10 yrs)
- Senior Activity #1 (9-12 yrs)
- Senior Activity #2 (10-13 yrs)
- Leadership Development Wk 1 (13-15 yrs)
- CIT Volunteer - Bonus Option (15+ yrs)

SPORT CAMPS

- Soccer (7-9 yrs)
- Hockey - Skating & Skills (8-13 yrs)
- Track & Field (9-14 yrs)
- Flag Football (10-14 yrs)
- Basketball (10-14 yrs)

AUG 12 - 16

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Swim 2 Survive (7-10 yrs)
- le Camp Français (7-10 yrs)
- Rock Climbing (10-13 yrs)
- Gryphon Sport Extravaganza (11-13 yrs)
- Leadership Development - Wk 2 (13-15 yrs)
- CIT Volunteer Opt. 2 - Wk 1 (15+ yrs)

SPORT CAMPS

- Basketball (7-10 yrs)
- Track & Field (9-14 yrs)
- Youth Fitness (10-14 yrs)

AUG 19 - 23

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Stop Motion Animation (9-12 yrs)
- Movie Making (9-12 yrs)
- Rock Climbing (10-13 yrs)
- Arboretum (10-13 yrs)
- GROWTH (11-13 yrs)
- BEAT (11-13 yrs)
- CIT Volunteer Opt. 2 - Wk 2 (15+ yrs)

SPORT CAMPS

- Basketball (7-9 yrs)
- Girl's Hockey - Half Day (U11/U13 yrs)
- Volleyball (11-15 yrs)
- Pre-Season Swim (13-18 yrs)



AUG 26 - 29

ACTIVITY CAMPS

- Junior Activity (5-7 yrs)
- Intermediate Activity #1 (6-8 yrs)
- Intermediate Activity #2 (7-9 yrs)
- Senior Activity #1 (9-12 yrs)
- Senior Activity #2 (10-13 yrs)
- Leadership Development - Volunteering (13-15 yrs)

SPORT CAMPS

- Multi Sport #1 (7-10 yrs)
- Multi Sport #2 (10-14 yrs)



CAMP PROGRAM DETAILS

8:00 - 8:45am | Drop Off

8:45am - 4:00pm | Camp Program

4:00 - 4:30pm | Pick Up

***POST-CAMP EXTENDED DAY**

Post-Camp Extended Day will be offered between 4:30-5:30pm for an additional fee. Registration for extended day programming will take place in June.

