



## GRYPHON SUMMER CAMPS RELEASE & WAIVER FORMS

The following are the form details that appear online when you register your camper for summer camp. They will require your initials stating that you have read and understand them. You may read them here so you can easily initial them during camp registration.

---

### **Camps Withdrawal & Transfer Policy**

If space permits, transfers can be requested no later than 10 days prior to start date of that particular week of camp and can be done so by contacting the Camps Office (online transfers n/a). Weeks cannot be transferred between different campers. No additional fees apply.

ALL Camp withdrawals will incur a \$30 withdrawal fee and must be requested no later than 10 days prior to the start date of that particular week of camp. NO withdrawals will be allowed if not requested 10 days prior to the camp start date.

We reserve the right to cancel any Camp that does not have sufficient registration. In this case, participants will receive a full refund and notification prior to the start of the Camp. It is your responsibility to ensure that your contact information (phone, email, mailing address) is current.

If the Department of Athletics is required to close due to changing circumstances: Individuals will be contacted and automatically withdrawn from Camp Activities. Refunds will be prorated for days that have already taken place and the credit will be placed back to the original payment method. For original payments made by cash or debit, refunds will be placed onto accounts and once the facility can safely re-open to the public, individuals will be able to contact Client Services in order to process the refund from their account.

Athletics reserves the right to terminate this agreement without notice and at the sole discretion of Athletics, where due circumstances related to the coronavirus pandemic make it inappropriate to continue to offer this service.

---

### **Emergency & Medical Policy**

I, as the legal guardian or custodial parent of the Participant, hereby acknowledge that the University of Guelph, its officers, directors, servants, employees, and agents will provide basic first aid or procure medical treatment for the Participant in the event of an injury or accident. Transportation of an individual requiring emergency care is at the responsibility of the legal guardian or appropriate emergency medical services only. I agree to be responsible for any and all costs associated with such treatment.

---

### **Photo & Social Media Waiver**

Pictures are frequently taken throughout Gryphon Camps, as we use this as a mode to share our camp experiences with the community and with our families through social media, website, and publications.

I grant to the University of Guelph, permission to copy, exhibit, publish or distribute any and all photographs or videos taken of my child in the course of their time here at camp, including composite or artistic representations, and to use said photographs / videos in all forms and media for purposes of publicizing University programs, activities or for any other lawful purpose. In addition, I waive any right to inspect or approve the finished product, including written copy, wherein the photograph(s) or video appears.

On the first day of each camp experience, I do have the ability to inform the camp staff that I do not wish my child's photo taken or used in any of the above manners through the signing off of an exemption form provided at sign in.

---

## **Release & Indemnification Form**

I, as the legal guardian or custodial parent hereby acknowledge that participation in recreational and sport camp activities have certain risks and dangers. I certify that my child has not been advised against undertaking camp activities by a qualified health professional. I accept and fully assume all risks, dangers and hazards and the possibility of injury, death, property damage or loss, resulting from participation in the activities.

In consideration of approval to participate in the camp activities, I, for myself, my heirs, beneficiaries, executors, administrators and assigns agree to hereby release and forever discharge the University of Guelph, its officers, directors, servants, employees and agents from any and all actions, claims and demands for damages, loss and injury, howsoever arising which now or may hereafter be sustained by me in consequence of my participation in the camp activities.

I further agree not to make any claims (including any cross-claim, counter-claim, third party, action or application) against any person or corporation who might claim contribution or indemnity against the University of Guelph. I agree and acknowledge that if any provision of this Release and Indemnification is deemed void, invalid or unenforceable by a court of competent jurisdiction, the remaining provisions shall remain in full force and effect.

I declare that I have read and understood the above Release and Indemnification and I hereby agree to be bound by the terms and conditions. I am aware that by signing this agreement, I am waiving certain legal rights which I, my heirs, next of kin, executors, administrators and assigns may have against the University of Guelph, its officers, directors, servants, employees and agents.

---

## **Concussion Education & Agreement**

### **General Concussion Information**

- A concussion is a brain injury.
- All concussions must be taken seriously.
- Most concussions do not involve loss of consciousness, or 'blacking out'.
- Concussions can occur in any sport or recreational activity, across all levels of participation.
- Recognition and proper management of concussions when they first occur can help prevent further injury or even death.

A concussion is a type of mild traumatic brain injury that occurs when an external force causes the brain to move quickly forwards, backwards, and/or rotationally inside the skull following a hit to the head or body. A concussion is caused by a blow to the head or body that causes the brain to move rapidly inside the skull. Even a 'ding', 'getting your bell rung', or what appears to be a mild jolt or blow to the head or body may cause the brain to shift or rotate suddenly within the skull. Concussions can also result from a fall or from players colliding with each other or with obstacles even if they do not directly hit their head. The potential for concussion is greatest in athletic environments where collisions are common. However, concussions can occur in any organized or unorganized sport or recreational activity and once the injury occurs, the brain is vulnerable to further injury and sensitive to any increased stress until it fully recovers. The symptoms of concussion are typically grouped into 4 categories: Physical (e.g., headache, nausea, sensitivity to light or sound), Cognitive/Thinking (e.g., attention, concentration, or 'feeling slow'), Emotional (e.g., sadness, anxiety, and irritability), or Sleep Disturbance (e.g., inability to fall asleep, as well as sleep too much or too little). Concussion symptoms are dynamic. They do not always appear immediately after a hit and may change over time. A repeat concussion that occurs before the brain recovers from the first concussion 'usually within a short period of time (hours, days or weeks)' can slow recovery or increase the likelihood of having long-term cognitive problems. Avoidance of second impacts is why it is critical to keep athletes with known or suspected concussions from play or practice until they have been evaluated and received a medical release from a qualified health care professional.

### **Recognizing a Concussion**

Concussion can result from a forceful blow to the head or body that results in rapid movement of the head. Recognize that any change in an athlete's behavior, thinking, or physical functioning may be the result of a concussion. Signs and symptoms of concussion can last from several minutes, to days, weeks, months or even longer in some cases. Remember, one cannot see a concussion and some athletes may not experience and/or report symptoms until hours or even the next day after the injury.

#### Signs and Symptoms of a Concussion

- Appears dazed or stunned
- Is confused about assignment or position, forgets sports plays.
- Is unsure of game, score or opponent.
- Moves clumsily.
- Answers questions slowly.
- Loses consciousness (event briefly).
- Shows behavior or personality changes.
- Cannot recall event prior to hit/contact.
- Feels slow or has slurred speech.
- Feels sluggish, hazy, foggy or groggy.
- Has a headache, feels pressure in the head, and feels nauseas.
- Has balance problems or dizziness.
- Has double or blurry vision, is sensitive to light or sound.
- Has difficulty concentrating or remembering.
- Is confused or 'just doesn't feel right.
- Is sad, anxious and/or nervous.

Participants who exhibit any of these signs, symptoms or behaviors following an observed or suspected blow to the head or body will not be allowed to participate in any further athletic event, training or activity. No participant will be allowed to return to play/participate in any Club activities unless cleared via medical clearance from a medical/health practitioner.

#### Participant Action Plan (What should I do if I think I have a concussion?)

1. Tell your coaches, sport medicine therapist, staff and your parents/guardian. Never ignore a bump or blow to the head even if you feel fine. Also, tell your coach or staff if one of your teammates might have a concussion.
2. Seek medical evaluation. A doctor or health care professional can tell you if you have a concussion and when you are OK to return to play. Early identification and intervention.
3. Give yourself time to get better. If you have had a concussion, your brain needs time to heal. While your brain is still healing, you are much more likely to have a second concussion. Additional hits during recovery may prolong concussion symptoms or make concussion symptoms worse. It is important to rest acutely after injury, followed by a graded progression of exertion/stress guided by a doctor or health care professional to return to play.

#### \*Please Note

If you have any questions or concerns about this education concussion document or concussion risks as they pertain to your sport/activity, ensure that you speak to your coach/instructor/club supervisor.

#### Student Athlete Concussion Education

By agreeing below, I acknowledge that I have read the above information regarding concussions and understand the risk of head injuries associated with participation in sport and recreation activities.