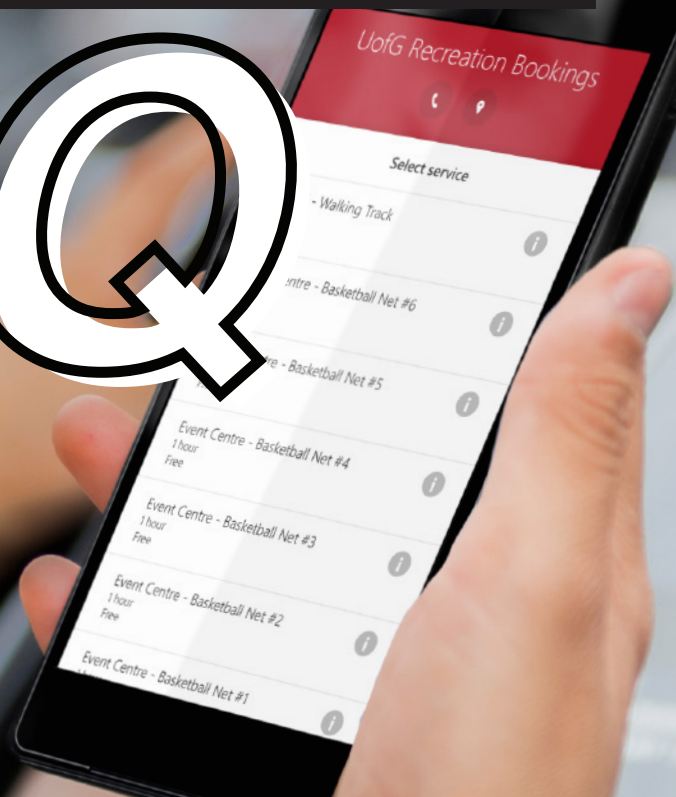




FITNESS CENTRE, REC, INTRAMURALS & FITNESS CLASS

RESERVATION

FAQ





Where do I go to make my reservation?

REC ACTIVITIES:

uoguel.ph/recbooking

FITNESS CENTRE:

uoguel.ph/fcbooking

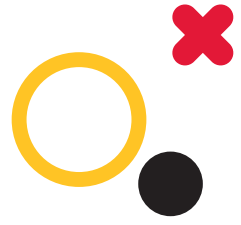
NRG CLASSES:

uoguel.ph/nrg

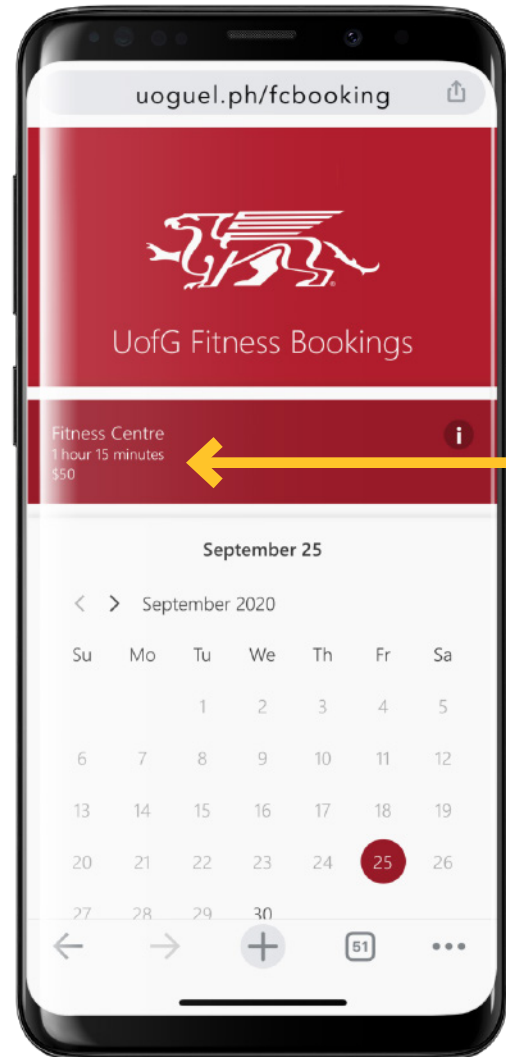




Is it \$50 for every workout slot?!?



No, that \$50 is a one-time semester fee for the NRG pass!





Are all the workout blocks booked for the entire semester?

Nope! We release workout blocks 7 days in advance. This means you can only view availability for the 7 days from the day you are logged in.

If you are looking within the 7 day window and the time-slot is not available, it is SOLD OUT.

Cancellations happen all of the time, so check back regularly for last minute availability!





How do I cancel my booking?

**There is a link in
your confirmation
email - don't
delete this!**





How do I see all my bookings for the week?

Unfortunately, you can't see all your bookings on the booking web page as this is not a feature. We suggest keeping the receipt and keeping track of your slot in your own personalized way.

You will be sent an email reminder 1 hour prior to the booking.

PRO TIP: Forward your booking email to your Gmail account or just click the attachment "booking.ics" in your Outlook to add it to your calendar

