

# Reduced Holiday NRG In-Person Schedule

Tuesday January 3 - Friday January 6, 2023

NO CLASSES: Saturdays & Sundays

	Monday	Tuesday	Wednesday	Thursday	Friday
12:05-1pm		Body Blast Studio 3212 12:05-1pm Siobhan H	Cycle Core Studio 3216 12:05-1pm Jeff T	Pilates Studio 3212 12:05-1pm Mel T	Pure Strength Studio 3212 12:05-1pm Lynne