




HALLOWEEN FITNESS CLASS

Registration required.
Search Activity #33865 to find the \$5 donation fee.



MONDAY
OCT. 28

5:30-7:30PM
STUDIO 3212

PRIZES FOR
BEST DRESSED

1st **2nd** **3rd**

New Year,
Better You
PT Package

Winter NRG+
Membership

Gryphon Prize
Pack

Space is limited, so you'll want to register early for this Haunted Halloween class that will feature our most popular formats with some of your favourite instructors,

Please note that regular NRG classes offered from 4-9pm will not run to ensure everyone can join this event.



Proceeds will be
donated to the
United Way

